

The Manna from Heaven

Old Testament Events · Types and Shadows

When Israel hungered in the wilderness, God sent manna from heaven—bread appearing each morning with the dew. Jesus declared Himself the true bread from heaven, superior to the manna that Moses gave. The manna sustained physical life temporarily; Christ gives eternal life. Those who ate manna eventually died; those who eat of Christ live forever. The manna was gathered daily, picturing our daily dependence on Christ. The hidden manna is promised to overcomers. Christ is the bread of life—whoever comes to Him shall never hunger.

Key Verses

John 6:48-51

I am that bread of life. Your fathers did eat manna in the wilderness, and are dead. This is the bread which cometh down from heaven, that a man may eat thereof, and not die. I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.

John 6:32-33

Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven. For the bread of God is he which cometh down from heaven, and giveth life unto the world.

Exodus 16:14-15

And when the dew that lay was gone up, behold, upon the face of the wilderness there lay a small round thing, as small as the hoar frost on the ground. And when the children of Israel saw it, they said one to another, It is manna: for they wist not what it was. And Moses said unto them, This is the bread which the LORD hath given you to eat.

Revelation 2:17

He that hath an ear, let him hear what the Spirit saith unto the churches; To him that overcometh will I give to eat of the hidden manna.

John 6:35

And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.

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