

# Psalms 94:19

Authorized King James Version (KJV)

In the multitude of my thoughts within me thy comforts  
delight my soul.

## Analysis

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The psalmist testifies: "In the multitude of my thoughts within me thy comforts delight my soul" (Hebrew b-rov sar-apay b-qir-bi tanchumeycha y-sha-ashu nafshi). "Multitude of thoughts" (Hebrew sar-apim) can mean anxious or troubling thoughts—mental turmoil. Yet God's "comforts" (Hebrew tanchumim, consolations) bring "delight" (Hebrew sha-ashua, joy). This verse witnesses that God's comfort doesn't merely neutralize anxiety but produces positive joy. The psalmist found God's presence and promises more powerful than overwhelming thoughts.

## Historical Context

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This lament addresses injustice and oppression (vv.1-7,20-21), producing mental anguish. Yet verses 18-19 testify to God's sustaining grace. Paul later echoes this in 2 Corinthians 1:3-5, calling God "the Father of mercies and God of all comfort." Philippians 4:6-7 promises God's peace guards hearts and minds—similar to divine comfort delighting the soul here.

## Related Passages

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**Romans 1:17** — The righteous shall live by faith

**James 2:17** — Faith and works

**John 15:13** — Greatest form of love

## 1 John 4:8 — God is love

### Study Questions

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1. How have you experienced God's comfort transforming anxious thoughts into joy rather than mere calm?
2. What specific promises or truths from Scripture has God used to comfort you in mental turmoil?
3. How does the Holy Spirit function as the ultimate Comforter (John 14:16) who delights believers' souls?

### Interlinear Text

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בְּרַב	שְׁחַפִּי	בְּקִרְבִּי	תְּנֵה נְחֻמָּי יְיָ	וְיִשְׂעֲשָׂע	נַפְשִׁי:
In the multitude	of my thoughts	within	me thy comforts	delight	my soul
H7230	H8312	H7130	H8575	H8173	H5315

### Additional Cross-References

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**Psalms 61:2** (Parallel theme): From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock that is higher than I.