

# Psalms 90

Chapter 90 of 150 · 17 Verses · Authorized King James Version

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## From Everlasting to Everlasting

- <sup>1</sup> Lord, thou hast been our dwelling place in all generations.
  - <sup>2</sup> Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.
  - <sup>3</sup> Thou turnest man to destruction; and sayest, Return, ye children of men.
  - <sup>4</sup> For a thousand years in thy sight are but as yesterday when it is past, and as a watch in the night.
  - <sup>5</sup> Thou carriest them away as with a flood; they are as a sleep: in the morning they are like grass which groweth up.
  - <sup>6</sup> In the morning it flourisheth, and groweth up; in the evening it is cut down, and withereth.
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- <sup>7</sup> For we are consumed by thine anger, and by thy wrath are we troubled.
  - <sup>8</sup> Thou hast set our iniquities before thee, our secret sins in the light of thy countenance.
  - <sup>9</sup> For all our days are passed away in thy wrath: we spend our years as a tale that is told.
  - <sup>10</sup> The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.

- 11 Who knoweth the power of thine anger? even according to thy fear, so is thy wrath.
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- 12 So teach us to number our days, that we may apply our hearts unto wisdom.
- 13 Return, O LORD, how long? and let it repent thee concerning thy servants.
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- 14 O satisfy us early with thy mercy; that we may rejoice and be glad all our days.
- 15 Make us glad according to the days wherein thou hast afflicted us, and the years wherein we have seen evil.
- 16 Let thy work appear unto thy servants, and thy glory unto their children.
- 17 And let the beauty of the LORD our God be upon us: and establish thou the work of our hands upon us; yea, the work of our hands establish thou it.
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## HEBREW & GREEK WORD STUDIES

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### Glory — כְּבוֹד (Kavod)

Glory, weight, honor

The Hebrew **kavod** (כְּבוֹד) literally means 'weight' or 'heaviness,' metaphorically denoting glory, honor, or majesty. God's glory (Shekinah) filled the tabernacle (Exodus 40:34) and temple (1 Kings 8:11).

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### God — אֱלֹהִים (Elohim)

God (plural of majesty)

The Hebrew **Elohim** (אֱלֹהִים) is a plural form denoting majesty and fullness of deity. Though grammatically plural, it takes singular verbs when referring to the one true God, suggesting the Trinity's plurality within unity.

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### Lord — אֲדֹנָי / יְהוָה (YHWH / Adonai)

The LORD / Lord

When 'LORD' appears in small capitals, it represents the Tetragrammaton **YHWH** (יְהוָה), God's personal covenant name meaning 'I AM.' When 'Lord' appears normally, it's **Adonai** (אֲדֹנָי), meaning 'my Lord,' emphasizing sovereignty.

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### Mercy — רַחֲמִים (Rachamim)

Compassion, mercy

The Hebrew **rachamim** (רַחֲמִים) derives from 'womb' (rechem), suggesting tender, maternal compassion. God's mercies are 'new every morning' (Lamentations 3:23), showing His compassionate nature.

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**Repent** — שׁוּב / נָחַם (Shuv / Nacham)

To turn back, relent

The Hebrew **shuv** (שׁוּב) means to turn or return—a physical turning that represents spiritual redirection back to God. **Nacham** (נָחַם) conveys grief or relenting, often used of God 'repenting' of judgment.

**Wrath** — אַף (Aph)

Wrath, anger

The Hebrew **aph** (אַף) literally means 'nose' or 'nostrils,' idiomatically expressing wrath or anger—God's righteous indignation against sin. Yet God is 'slow to anger' (Exodus 34:6) and 'abundant in mercy.'

**Sin** — חַטָּאת (Chatta'ah)

Sin, missing the mark

The Hebrew **chatta'ah** (חַטָּאת) means sin—missing the mark of God's standard. It encompasses rebellion, transgression, and falling short of divine holiness.

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**CROSS REFERENCES**

**Psalms 90:1** **Parallel theme:** Psalms 71:3; 91:1; Deuteronomy 33:1; 33:27; Isaiah 8:14; John 6:56; 1 John 4:16. **References Lord:** Psalms 89:1; 91:9; Ezekiel 11:16

**Psalms 90:2** **Parallel theme:** Psalms 33:9; 146:6; Job 15:7; Isaiah 57:15; Hebrews 13:8; Revelation 1:8. **References God:** Genesis 1:1; Isaiah 44:6. **Eternal Life:** Psalms 93:2; Habakkuk 1:12

**Psalms 90:3**

**Parallel theme:** Psalms 104:29; 146:4; Genesis 3:19; Numbers 14:35; Job 12:10; Ecclesiastes 12:7

**Psalms 90:4** **Parallel theme:** Psalms 39:5; Matthew 14:25; 24:43; Luke 12:38; 2 Peter 3:8

**Psalms 90:5** **Parallel theme:** Psalms 73:20; Job 22:16; Isaiah 40:6; 1 Peter 1:24

**Psalms 90:6** **Parallel theme:** Psalms 92:7; Job 14:2; Matthew 6:30; James 1:11

**Psalms 90:7** **Parallel theme:** Psalms 39:11

**Psalms 90:8** **Sin:** Jeremiah 16:17. **Parallel theme:** Psalms 10:11; 19:12; Ecclesiastes 12:14; Jeremiah 23:24; 1 John 3:20; Revelation 20:12

**Psalms 90:9** **Parallel theme:** Psalms 78:33

**Psalms 90:10** **Parallel theme:** Psalms 78:39; Genesis 47:9; Deuteronomy 34:7; 2 Samuel 19:35; 1 Kings 1:1; Job 14:10; 24:24; Isaiah 38:12; James 4:14

**Psalms 90:11** **Parallel theme:** Leviticus 26:24; Isaiah 33:14

**Psalms 90:12**

**Parallel theme:** Psalms 39:4; Deuteronomy 32:29; Job 28:28; Proverbs 4:5; 4:7; 16:16; 22:17; 23:12; Ecclesiastes 9:10; John 9:4

**Psalms 90:13** **Repentance:** Psalms 106:45; 135:14; Deuteronomy 32:36; Hosea 11:8; Amos 7:3; 7:6; Jonah 3:9. **Parallel theme:** Psalms 80:14

**Psalms 90:14** **Grace:** Psalms 23:6; 31:7. **Parallel theme:** Psalms 65:4; 85:6; 86:4; 149:2; Zechariah 9:17; Philippians 4:4

**Psalms 90:15** **Parallel theme:** Psalms 30:5; Isaiah 12:1; 61:3; John 16:20

**Psalms 90:16** **Parallel theme:** Psalms 44:1; Habakkuk 3:2

**Psalms 90:17** **References Lord:** Psalms 118:25; Proverbs 16:3; Isaiah 26:12. **References God:** Psalms 50:2; 68:28; 80:3; 80:7; 1 Corinthians 3:7. **Parallel theme:** Psalms 110:3; Job 22:28

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