

# Psalms 78:25

Authorized King James Version (KJV)

Man did eat angels' food: he sent them meat to the full.

## Analysis

---

**Man did eat angels' food: he sent them meat to the full**—the phrase *lehem 'abbîrîm* (bread of the mighty ones) likely means 'bread of angels' (so LXX, Vulgate), emphasizing manna's heavenly origin. Alternate reading 'bread of the mighty' stresses its supernatural potency—one omer daily sustained adults for forty years without malnutrition.

This verse inspired Jesus's Bread of Life discourse: 'This is the bread that came down from heaven, not like the bread the fathers ate' (John 6:58). Angels don't need food; calling manna 'angels' food' means it came from heaven's realm. Christ, who 'came down from heaven' (John 6:38), is the true 'angels' food'—divine substance made edible to humanity through incarnation.

## Historical Context

---

Manna's nutritional completeness sustained millions through harsh desert conditions. Modern analysis suggests it contained complete proteins, carbohydrates, and essential nutrients. Yet Israel 'loathed this worthless food' (Numbers 21:5), proving sin's irrationality.

## Related Passages

---

**John 15:13** — Greatest form of love

**1 John 4:8** — God is love

## Study Questions

---

1. How does the incarnation—God becoming 'edible' in Christ—surpass even manna's miracle?
2. What 'angels' food' (Scripture, prayer, worship) do you neglect while craving 'Egyptian' substitutes?

## Interlinear Text

---

לֶחֶם	אֲנֹכִי	אָכַל	אִישׁ	צֵידָם	שָׁלַח	לָהֶם	לְשָׂבֵעַ:
food	angels	did eat	Man	them meat	he sent	H1992	to the full
H3899	H47	H398	H376	H6720	H7971		H7648

## Additional Cross-References

---

**Matthew 14:20** (Parallel theme): And they did all eat, and were filled: and they took up of the fragments that remained twelve baskets full.

**Matthew 15:37** (Parallel theme): And they did all eat, and were filled: and they took up of the broken meat that was left seven baskets full.

**Psalms 103:20** (Parallel theme): Bless the LORD, ye his angels, that excel in strength, that do his commandments, hearkening unto the voice of his word.

**Exodus 16:8** (Parallel theme): And Moses said, This shall be, when the LORD shall give you in the evening flesh to eat, and in the morning bread to the full; for that the LORD heareth your murmurings which ye murmur against him: and what are we? your murmurings are not against us, but against the LORD.