

# Psalms 62:8

Authorized King James Version (KJV)

Trust in him at all times; ye people, pour out your heart before him: God is a refuge for us. Selah.

## Analysis

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The shift to exhortation ('Trust in him at all times') indicates David shares tested wisdom with others. 'Ye people' broadens from personal testimony to congregational teaching. 'Pour out your heart before him' encourages emotional honesty with God. The concluding affirmation 'God is a refuge for us' uses plural, showing individual faith experience has corporate dimension.

## Historical Context

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This verse marks the psalm's transition from personal meditation to public instruction, reflecting the Psalter's dual function as both private devotion and corporate worship material.

## Related Passages

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**Matthew 25:31** — Final judgment

**Revelation 20:12** — Judgment according to deeds

**Colossians 1:16** — All things created through Christ

**Psalms 19:1** — Heavens declare God's glory

## Study Questions

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1. How does your testimony of God's faithfulness serve others' faith?
2. What does 'pouring out your heart' before God look like in practice?

## Interlinear Text

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וַיִּבְטַח	וּבְ	כָּל	עַתָּה	עַם	שִׁפְכוּ	לִפְנֵי
Trust	H0	H3605	in him at all times	ye people	pour out	before
H982			H6256	H5971	H8210	H6440
לְבַבְךָ	אֱלֹהֵי	מַחְסָה	לִנּוֹ	סֵלָה:		
your heart	him God	is a refuge	H0	for us Selah		
H3824	H430	H4268		H5542		

## Additional Cross-References

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**Philippians 4:6** (References God): Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

**Lamentations 2:19** (Parallel theme): Arise, cry out in the night: in the beginning of the watches pour out thine heart like water before the face of the Lord: lift up thy hands toward him for the life of thy young children, that faint for hunger in the top of every street.

**Isaiah 26:4** (Faith): Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength:

**Psalms 142:2** (Parallel theme): I poured out my complaint before him; I shewed before him my trouble.

**1 Samuel 1:15** (Parallel theme): And Hannah answered and said, No, my lord, I am a woman of a sorrowful spirit: I have drunk neither wine nor strong drink, but have poured out my soul before the LORD.

**Psalms 18:2** (Faith): The LORD is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.

**Psalms 42:4** (References God): When I remember these things, I pour out my soul in me: for I had gone with the multitude, I went with them to the house of God, with the voice of joy and praise, with a multitude that kept holyday.

**Hebrews 6:18** (References God): That by two immutable things, in which it was impossible for God to lie, we might have a strong consolation, who have fled for refuge to lay hold upon the hope set before us:

**Isaiah 26:16** (Parallel theme): LORD, in trouble have they visited thee, they poured out a prayer when thy chastening was upon them.

**Job 13:15** (Faith): Though he slay me, yet will I trust in him: but I will maintain mine own ways before him.