

Psalms 31

Chapter 31 of 150 · 24 Verses · Authorized King James Version

Into Your Hand I Commit My Spirit

- 1** In thee, O LORD, do I put my trust; let me never be ashamed: deliver me in thy righteousness.
 - 2** Bow down thine ear to me; deliver me speedily: be thou my strong rock, for an house of defence to save me.
 - 3** For thou art my rock and my fortress; therefore for thy name's sake lead me, and guide me.
 - 4** Pull me out of the net that they have laid privily for me: for thou art my strength.
 - 5** Into thine hand I commit my spirit: thou hast redeemed me, O LORD God of truth.
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- 6** I have hated them that regard lying vanities: but I trust in the LORD.
 - 7** I will be glad and rejoice in thy mercy: for thou hast considered my trouble; thou hast known my soul in adversities;
 - 8** And hast not shut me up into the hand of the enemy: thou hast set my feet in a large room.
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- 9** Have mercy upon me, O LORD, for I am in trouble: mine eye is consumed with grief, yea, my soul and my belly.
 - 10** For my life is spent with grief, and my years with sighing: my strength faileth because of mine iniquity, and my bones are consumed.

11 I was a reproach among all mine enemies, but especially among my neighbours, and a fear to mine acquaintance: they that did see me without fled from me.

12 I am forgotten as a dead man out of mind: I am like a broken vessel.

13 For I have heard the slander of many: fear was on every side: while they took counsel together against me, they devised to take away my life.

14 But I trusted in thee, O LORD: I said, Thou art my God.

15 My times are in thy hand: deliver me from the hand of mine enemies, and from them that persecute me.

16 Make thy face to shine upon thy servant: save me for thy mercies' sake.

17 Let me not be ashamed, O LORD; for I have called upon thee: let the wicked be ashamed, and let them be silent in the grave.

18 Let the lying lips be put to silence; which speak grievous things proudly and contemptuously against the righteous.

19 Oh how great is thy goodness, which thou hast laid up for them that fear thee; which thou hast wrought for them that trust in thee before the sons of men!

20 Thou shalt hide them in the secret of thy presence from the pride of man: thou shalt keep them secretly in a pavilion from the strife of tongues.

21 Blessed be the LORD: for he hath shewed me his marvellous kindness in a strong city.

22 For I said in my haste, I am cut off from before thine eyes: nevertheless thou heardest the voice of my supplications when I cried unto thee.

23 O love the LORD, all ye his saints: for the LORD preserveth the faithful, and plentifully rewardeth the proud doer.

24 Be of good courage, and he shall strengthen your heart, all ye that hope in the LORD.

HEBREW & GREEK WORD STUDIES

God — אֱלֹהִים (Elohim)

God (plural of majesty)

The Hebrew **Elohim** (אֱלֹהִים) is a plural form denoting majesty and fullness of deity. Though grammatically plural, it takes singular verbs when referring to the one true God, suggesting the Trinity's plurality within unity.

Iniquity — אָוֶן (Avon)

Iniquity, guilt, punishment

The Hebrew **avon** (אָוֶן) encompasses iniquity, guilt, and its punishment—the twisted nature of sin. 'The LORD hath laid on him the iniquity of us all' (Isaiah 53:6), Christ bearing our guilt and penalty.

Lord — יְהוָה / אֲדֹנָי (YHWH / Adonai)

The LORD / Lord

When 'LORD' appears in small capitals, it represents the Tetragrammaton **YHWH** (יהוה), God's personal covenant name meaning 'I AM.' When 'Lord' appears normally, it's **Adonai** (אֲדֹנָי), meaning 'my Lord,' emphasizing sovereignty.

Love — אַהֲבָה / חֶסֶד (Ahavah / Chesed)

Love / Loyal-love

Hebrew uses **ahavah** (אַהֲבָה) for love generally, but the covenant term **chesed** (חֶסֶד) describes God's steadfast, loyal love—faithful covenant commitment beyond mere emotion.

Mercy — רַחֲמִים (Rachamim)

Compassion, mercy

The Hebrew **rachamim** (רַחֲמִים) derives from 'womb' (rechem), suggesting tender, maternal compassion. God's mercies are 'new every morning' (Lamentations 3:23), showing His compassionate nature.

Righteous — צַדִּיק (Tzaddik)

Righteous one

The Hebrew **tzaddik** (צַדִּיק) describes one who is righteous, just, or lawful—conforming to God's standard. From the root tzedek (צֶדֶק), meaning righteousness or justice.

Save — יָשַׁע (Yasha)

To save, deliver, rescue

The Hebrew **yasha** (יָשַׁע) means to save or deliver—rescue from danger or distress. This is the root of 'Jesus' (Yeshua), meaning 'YHWH saves.' God alone is Savior: 'I, even I, am the LORD; and beside me there is no saviour' (Isaiah 43:11).

CROSS REFERENCES

Psalms 31:1 **Faith:** Psalms 25:2; 143:1; Romans 10:11. **References Lord:** Isaiah 49:23.

Righteousness: Psalms 43:1; Daniel 9:16. **Parallel theme:** Romans 5:5

Psalms 31:2 **Parallel theme:** Psalms 86:1; 102:2; 130:2; Deuteronomy 32:31

Psalms 31:3 **Parallel theme:** Psalms 25:5; 25:11; 43:3; 79:9; 139:24; Nehemiah 9:12; Isaiah 49:10; Jeremiah 14:7; Luke 1:79; John 16:13

Psalms 31:4

Parallel theme: Psalms 19:14; 25:15; 35:7; 57:6; 124:7; 140:5; Proverbs 29:5; 2 Timothy 2:26

Psalms 31:5 **Spirit:** Luke 23:46; Acts 7:59. **Truth:** Deuteronomy 32:4. **Redemption:** Psalms 71:23; Genesis 48:16; Isaiah 50:2; Titus 2:14; Revelation 5:9. **References God:** Titus 1:2; Hebrews 6:18

Psalms 31:6 **Parallel theme:** Psalms 24:4; 26:5; Jeremiah 10:8; 10:15; Jonah 2:8; 1 Corinthians 8:4; 10:20

Psalms 31:7

Grace: Isaiah 49:13. **Parallel theme:** Psalms 71:20; 119:153; 142:3; Isaiah 43:2; 63:9; 63:16; Lamentations 3:50; Galatians 4:9; 2 Timothy 2:19

Psalms 31:8 **Parallel theme:** Psalms 4:1; 18:19; 88:8; Deuteronomy 32:30; 1 Samuel 17:46; 24:18; Job 16:11; 36:16; Isaiah 19:4

Psalms 31:9 **Parallel theme:** Psalms 6:7; 73:26. **References Lord:** Psalms 88:9

Psalms 31:10 **Sin:** Psalms 38:3; 39:11. **Parallel theme:** Psalms 13:2; 71:9; 78:33; 88:15; Job 3:24; Romans 9:2

Psalms 31:11 **Parallel theme:** Psalms 38:11; 64:8; 88:8; 88:18; Isaiah 49:7; Matthew 26:56

Psalms 31:12 **Parallel theme:** Psalms 2:9; 119:83; Isaiah 30:14

Psalms 31:13

Parallel theme: 1 Samuel 20:33; Jeremiah 20:10; Lamentations 2:22; Matthew 27:1

Psalms 31:14 **Faith:** Psalms 18:2. **References God:** Psalms 43:5; 63:1; 140:6. **Parallel theme:** Matthew 26:39; 26:42

Psalms 31:15

Parallel theme: Psalms 142:6; 143:3; 143:9; 2 Samuel 7:12; Job 24:1; John 7:6; 17:1; Acts 1:7; 27:24; 2 Timothy 4:6

Psalms 31:16 **Parallel theme:** Psalms 4:6; 30:7; 51:1; 67:1; Daniel 9:9; Romans 9:15.
Salvation: Psalms 6:4; 80:3; 80:7; 80:19

Psalms 31:17 **References Lord:** Psalms 94:17; 115:17; Jeremiah 20:11. **Parallel theme:** Psalms 34:5; 35:4; 35:26; 71:24; Daniel 12:2. **Evil:** 1 Samuel 2:9

Psalms 31:18 **Parallel theme:** Psalms 94:4; 1 Samuel 2:3; Matthew 12:24; John 8:44; 8:48; Acts 25:7; Jude 1:15; Revelation 21:8; 22:15. **Righteousness:** Isaiah 54:17

Psalms 31:19 **Parallel theme:** Psalms 16:11; 23:5; Isaiah 26:12; 35:10; 64:4; John 3:21; 1 Corinthians 2:9; 2 Corinthians 5:5. **Faith:** James 2:5. **Good:** Psalms 73:1

Psalms 31:20 **Parallel theme:** Psalms 10:2; 27:5; 32:7; 36:11; 40:4; 140:3; 140:5; Exodus 18:11; Job 5:21; 1 Timothy 6:4

Psalms 31:21 **Parallel theme:** Psalms 17:7; Jeremiah 1:18; 1 Peter 2:9. **References Lord:** Psalms 98:1; 118:23

Psalms 31:22 **Parallel theme:** Psalms 6:9; 88:16; 116:11; 1 Samuel 23:26; Job 35:14; Isaiah 6:5; 49:14; Ezekiel 37:11; Jonah 2:4; Hebrews 5:7

Psalms 31:23 **Love:** Psalms 97:10; 145:20. **Parallel theme:** Psalms 54:5; 94:2; Mark 12:23; Revelation 18:6. **Holy:** Psalms 30:4; 34:9; 89:7. **References Lord:** 1 Thessalonians 4:1

Psalms 31:24

Good: Psalms 27:14. **Hope:** Psalms 146:5; 1 Peter 1:21. **Parallel theme:** Psalms 138:3; Colossians 1:11. **References Lord:** Psalms 29:11