

Psalms 30:2

Authorized King James Version (KJV)

O LORD my God, I cried unto thee, and thou hast healed me.

Analysis

The testimony 'O LORD my God, I cried unto thee, and thou hast healed me' describes answered prayer. Crying to God produced healing—whether physical, emotional, or spiritual. Reformed theology emphasizes that all healing is divine—God is the ultimate physician (Ex. 15:26). Medical means are secondary; God's sovereignty governs health and sickness. This verse models testimony—recounting God's specific interventions to encourage faith in others.

Historical Context

David experienced numerous deliverances from sickness, danger, and enemies. This psalm may celebrate recovery from illness or victory over foes. Regardless, it testifies to answered prayer, encouraging others to cry to God in distress.

Related Passages

John 3:16 — God's love and salvation

Ephesians 2:8 — Salvation by grace through faith

Colossians 1:16 — All things created through Christ

Genesis 1:1 — Creation of heavens and earth

Study Questions

1. How has God 'healed' you in response to your crying out to Him?
2. What testimony of God's healing should you share to encourage others?

Interlinear Text

יְהוָה	אֱלֹהֵי	שׁוּ עִמִּי	אֵל לִי	וַתִּרְפָּאֵנִי:
O LORD	my God	I cried	H413	unto thee and thou hast healed
H3068	H430	H7768		H7495

Additional Cross-References

Psalms 6:2 (References Lord): Have mercy upon me, O LORD; for I am weak: O LORD, heal me; for my bones are vexed.

2 Kings 20:5 (References God): Turn again, and tell Hezekiah the captain of my people, Thus saith the LORD, the God of David thy father, I have heard thy prayer, I have seen thy tears: behold, I will heal thee: on the third day thou shalt go up unto the house of the LORD.

Exodus 15:26 (References God): And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.

Psalms 147:3 (Parallel theme): He healeth the broken in heart, and bindeth up their wounds.

Psalms 88:13 (References Lord): But unto thee have I cried, O LORD; and in the morning shall my prayer prevent thee.

Psalms 51:8 (Parallel theme): Make me to hear joy and gladness; that the bones which thou hast broken may rejoice.

Genesis 20:17 (References God): So Abraham prayed unto God: and God healed Abimelech, and his wife, and his maidservants; and they bare children.

Psalms 118:18 (References Lord): The LORD hath chastened me sore: but he hath not given me over unto death.

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