

Psalms 30

Chapter 30 of 150 · 12 Verses · Authorized King James Version

Joy Comes with the Morning

1 I will extol thee, O LORD; for thou hast lifted me up, and hast not made my foes to rejoice over me.

2 O LORD my God, I cried unto thee, and thou hast healed me.

3 O LORD, thou hast brought up my soul from the grave: thou hast kept me alive, that I should not go down to the pit.

4 Sing unto the LORD, O ye saints of his, and give thanks at the remembrance of his holiness.

5 For his anger endureth but a moment; in his favour is life: weeping may endure for a night, but joy cometh in the morning.

6 And in my prosperity I said, I shall never be moved.

7 LORD, by thy favour thou hast made my mountain to stand strong: thou didst hide thy face, and I was troubled.

8 I cried to thee, O LORD; and unto the LORD I made supplication.

9 What profit is there in my blood, when I go down to the pit? Shall the dust praise thee? shall it declare thy truth?

10 Hear, O LORD, and have mercy upon me: LORD, be thou my helper.

11 Thou hast turned for me my mourning into dancing: thou hast put off my sackcloth, and girded me with gladness;

12 To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever.

HEBREW & GREEK WORD STUDIES

Blood — דם (Dam)

Blood

The Hebrew **dam** (דָם) means blood—representing life itself. 'The life of the flesh is in the blood' (Leviticus 17:11), and blood was required for atonement, foreshadowing Christ's sacrifice.

Eternal — עולם (Olam)

Eternal, everlasting

The Hebrew **olam** (עוֹלָם) means eternal or everlasting—time stretching beyond human comprehension. God is the 'everlasting God' (Genesis 21:33), and His covenant love endures forever.

Glory — כבוד (Kavod)

Glory, weight, honor

The Hebrew **kavod** (כָּבוֹד) literally means 'weight' or 'heaviness,' metaphorically denoting glory, honor, or majesty. God's glory (Shekinah) filled the tabernacle (Exodus 40:34) and temple (1 Kings 8:11).

God — אלים (Elohim)

God (plural of majesty)

The Hebrew **Elohim** (אֱלֹהִים) is a plural form denoting majesty and fullness of deity. Though grammatically plural, it takes singular verbs when referring to the one true God, suggesting the Trinity's plurality within unity.

Holy — קדש (Qadosh)

Holy, set apart

The Hebrew **qadosh** (קָדוֹשׁ) means holy or set apart—separated from common use for God's purposes. God is 'the Holy One of Israel,' utterly distinct from creation in moral perfection.

Lord — ה' / אֲדֹנָי (YHWH / Adonai)

The LORD / Lord

When 'LORD' appears in small capitals, it represents the Tetragrammaton **YHWH** (הָיְהָ), God's personal covenant name meaning 'I AM.' When 'Lord' appears normally, it's **Adonai** (אֲדֹנָי), meaning 'my Lord,' emphasizing sovereignty.

Mercy — רחמים (Rachamim)

Compassion, mercy

The Hebrew **rachamim** (רָחָםִים) derives from 'womb' (rechem), suggesting tender, maternal compassion. God's mercies are 'new every morning' (Lamentations 3:23), showing His compassionate nature.

Truth — אמת (Emet)

Truth, faithfulness

The Hebrew **emet** (תְּהֻמָּה) means truth or faithfulness—reliability and conformity to reality. God is true (emet), utterly faithful to His word and character.

CROSS REFERENCES

Psalms 30:1 **Parallel theme:** Psalms 13:4; 25:2; 28:9; 35:19; 41:11; 79:10; 2 Samuel 5:11; Daniel 4:37. **References Lord:** Psalms 27:6; 140:8

Psalms 30:2 **References Lord:** Psalms 6:2; 88:13; 118:18. **References God:** Genesis 20:17; Exodus 15:26; 2 Kings 20:5. **Parallel theme:** Psalms 51:8; 147:3

Psalms 30:3 **References Lord:** Psalms 28:1. **Parallel theme:** Psalms 16:10; 86:13

Psalms 30:4

Holy: Psalms 97:12; 132:9; Revelation 4:8. **References Lord:** 1 Chronicles 16:4

Psalms 30:5 **Parallel theme:** Psalms 16:11; 46:5; 59:16; 63:3; 103:9; 103:17; 143:8; Isaiah 26:20; Matthew 5:4; 2 Corinthians 4:17

Psalms 30:6 **Parallel theme:** Psalms 16:8; 119:117; Luke 12:19; 2 Corinthians 12:7

Psalms 30:7 **Parallel theme:** Psalms 30:5; 40:2; 89:17; 104:29; Deuteronomy 31:17; Job 10:12. **References Lord:** Psalms 5:12; 143:7

Psalms 30:8 **References Lord:** Psalms 34:6

Psalms 30:9 **Parallel theme:** Psalms 6:5; 118:17; Ecclesiastes 9:10. **Resurrection:** Isaiah 38:18

Psalms 30:10 **References Lord:** Psalms 28:7; 54:4; 143:1. **Grace:** Psalms 27:7

Psalms 30:11 **Parallel theme:** Psalms 4:7; 30:5; 149:3; 150:4; 2 Samuel 6:14; 2 Chronicles 20:12; Ecclesiastes 3:4; Isaiah 25:8; Jeremiah 31:4; Luke 15:22

Psalms 30:12 **Resurrection:** Psalms 44:8; 145:2. **Glory:** Psalms 16:9. **Parallel theme:** Luke 19:40
