

# Psalms 30

Chapter 30 of 150 · 12 Verses · Authorized King James Version

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## **Joy Comes with the Morning**

<sup>1</sup> I will extol thee, O LORD; for thou hast lifted me up, and hast not made my foes to rejoice over me.

<sup>2</sup> O LORD my God, I cried unto thee, and thou hast healed me.

<sup>3</sup> O LORD, thou hast brought up my soul from the grave: thou hast kept me alive, that I should not go down to the pit.

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<sup>4</sup> Sing unto the LORD, O ye saints of his, and give thanks at the remembrance of his holiness.

<sup>5</sup> For his anger endureth but a moment; in his favour is life: weeping may endure for a night, but joy cometh in the morning.

<sup>6</sup> And in my prosperity I said, I shall never be moved.

<sup>7</sup> LORD, by thy favour thou hast made my mountain to stand strong: thou didst hide thy face, and I was troubled.

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<sup>8</sup> I cried to thee, O LORD; and unto the LORD I made supplication.

<sup>9</sup> What profit is there in my blood, when I go down to the pit? Shall the dust praise thee? shall it declare thy truth?

<sup>10</sup> Hear, O LORD, and have mercy upon me: LORD, be thou my helper.

<sup>11</sup> Thou hast turned for me my mourning into dancing: thou hast put off my sackcloth, and girded me with gladness;

- <sup>12</sup> To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever.

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## HEBREW & GREEK WORD STUDIES

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### **Blood** — דָּם (Dam)

Blood

The Hebrew **dam** (דָּם) means blood—representing life itself. 'The life of the flesh is in the blood' (Leviticus 17:11), and blood was required for atonement, foreshadowing Christ's sacrifice.

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### **Confess** — יָדָה (Yadah)

To confess, praise, give thanks

The Hebrew **yadah** (יָדָה) means to confess or give thanks—acknowledging truth openly. 'He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy' (Proverbs 28:13).

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### **Eternal** — עוֹלָם (Olam)

Eternal, everlasting

The Hebrew **olam** (עוֹלָם) means eternal or everlasting—time stretching beyond human comprehension. God is the 'everlasting God' (Genesis 21:33), and His covenant love endures forever.

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### **Glory** — כְּבוֹד (Kavod)

Glory, weight, honor

The Hebrew **kavod** (כְּבוֹד) literally means 'weight' or 'heaviness,' metaphorically denoting glory, honor, or majesty. God's glory (Shekinah) filled the tabernacle (Exodus 40:34) and temple (1 Kings 8:11).

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### **God** — אֱלֹהִים (Elohim)

God (plural of majesty)

The Hebrew **Elohim** (אֱלֹהִים) is a plural form denoting majesty and fullness of deity. Though grammatically plural, it takes singular verbs when referring to the one true God, suggesting the Trinity's plurality within unity.

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### **Lord** — יְהוָה / אֲדֹנָי (YHWH / Adonai)

The LORD / Lord

When 'LORD' appears in small capitals, it represents the Tetragrammaton **YHWH** (יְהוָה), God's personal covenant name meaning 'I AM.' When 'Lord' appears normally, it's **Adonai** (אֲדֹנָי), meaning 'my Lord,' emphasizing sovereignty.

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### **Mercy** — רַחֲמִים (Rachamim)

Compassion, mercy

The Hebrew **rachamim** (רַחֲמִים) derives from 'womb' (rechem), suggesting tender, maternal compassion. God's mercies are 'new every morning' (Lamentations 3:23), showing His compassionate nature.

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### **Truth** — אֱמֶת (Emet)

Truth, faithfulness

The Hebrew **emet** (אֱמֶת) means truth or faithfulness—reliability and conformity to reality. God is true (emet), utterly faithful to His word and character.

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## CROSS REFERENCES

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**Psalms 30:1** **Parallel theme:** Psalms 13:4; 25:2; 28:9; 35:19; 41:11; 79:10; 2 Samuel 5:11; Daniel 4:37. **References Lord:** Psalms 27:6; 140:8

**Psalms 30:2** **References Lord:** Psalms 6:2; 88:13; 118:18. **References God:** Genesis 20:17; Exodus 15:26; 2 Kings 20:5. **Parallel theme:** Psalms 51:8; 147:3

**Psalms 30:3** **References Lord:** Psalms 28:1. **Parallel theme:** Psalms 16:10; 86:13

### **Psalms 30:4**

**Holy:** Psalms 97:12; 132:9; Revelation 4:8. **References Lord:** 1 Chronicles 16:4

**Psalms 30:5** **Parallel theme:** Psalms 16:11; 46:5; 59:16; 63:3; 103:9; 103:17; 143:8; Isaiah 26:20; Matthew 5:4; 2 Corinthians 4:17

**Psalms 30:6** **Parallel theme:** Psalms 16:8; 119:117; Luke 12:19; 2 Corinthians 12:7

**Psalms 30:7** **Parallel theme:** Psalms 30:5; 40:2; 89:17; 104:29; Deuteronomy 31:17; Job 10:12. **References Lord:** Psalms 5:12; 143:7

**Psalms 30:8** **References Lord:** Psalms 34:6

**Psalms 30:9** **Parallel theme:** Psalms 6:5; 118:17; Ecclesiastes 9:10. **Resurrection:** Isaiah 38:18

**Psalms 30:10** **References Lord:** Psalms 28:7; 54:4; 143:1. **Grace:** Psalms 27:7

**Psalms 30:11** **Parallel theme:** Psalms 4:7; 30:5; 149:3; 150:4; 2 Samuel 6:14; 2 Chronicles 20:12; Ecclesiastes 3:4; Isaiah 25:8; Jeremiah 31:4; Luke 15:22

**Psalms 30:12** **Resurrection:** Psalms 44:8; 145:2. **Glory:** Psalms 16:9. **Parallel theme:** Luke 19:40