

# Psalms 144

Chapter 144 of 150 · 15 Verses · Authorized King James Version

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## My Rock and My Fortress

**1** Blessed be the LORD my strength, which teacheth my hands to war, and my fingers to fight:

**2** My goodness, and my fortress; my high tower, and my deliverer; my shield, and he in whom I trust; who subdueth my people under me.

**3** LORD, what is man, that thou takest knowledge of him! or the son of man, that thou makest account of him!

**4** Man is like to vanity: his days are as a shadow that passeth away.

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**5** Bow thy heavens, O LORD, and come down: touch the mountains, and they shall smoke.

**6** Cast forth lightning, and scatter them: shoot out thine arrows, and destroy them.

**7** Send thine hand from above; rid me, and deliver me out of great waters, from the hand of strange children;

**8** Whose mouth speaketh vanity, and their right hand is a right hand of falsehood.

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**9** I will sing a new song unto thee, O God: upon a psaltery and an instrument of ten strings will I sing praises unto thee.

**10** It is he that giveth salvation unto kings: who delivereth David his servant from the hurtful sword.

**11** Rid me, and deliver me from the hand of strange children, whose mouth speaketh vanity, and their right hand is a right hand of falsehood:

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**12** That our sons may be as plants grown up in their youth; that our daughters may be as corner stones, polished after the similitude of a palace:

**13** That our garners may be full, affording all manner of store: that our sheep may bring forth thousands and ten thousands in our streets:

**14** That our oxen may be strong to labour; that there be no breaking in, nor going out; that there be no complaining in our streets.

**15** Happy is that people, that is in such a case: yea, happy is that people, whose God is the LORD.

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## HEBREW & GREEK WORD STUDIES

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### **God** — אֱלֹהִים (Elohim)

God (plural of majesty)

The Hebrew **Elohim** (אֱלֹהִים) is a plural form denoting majesty and fullness of deity. Though grammatically plural, it takes singular verbs when referring to the one true God, suggesting the Trinity's plurality within unity.

### **Heaven** — שָׁמָיִם (Shamayim)

Heaven, sky

The Hebrew **shamayim** (שָׁמָיִם) means heaven or sky—God's dwelling place and the realm above earth. 'The heaven, even the heavens, are the LORD's' (Psalm 115:16), yet 'the heaven of heavens cannot contain Him' (1 Kings 8:27).

### **Lord** — אֲדֹנָי (YHWH / Adonai)

The LORD / Lord

When 'LORD' appears in small capitals, it represents the Tetragrammaton **YHWH** (יְהֹוָה), God's personal covenant name meaning 'I AM.' When 'Lord' appears normally, it's **Adonai** (אֲדֹנָי), meaning 'my Lord,' emphasizing sovereignty.

### **Salvation** — יְשֻׁעָה (Yeshuah)

Salvation, deliverance

The Hebrew **yeshuah** (יְשֻׁעָה) means salvation or deliverance—rescue from danger or enemies. This is the root of 'Jesus' (Yeshua), meaning 'YHWH saves.'

## CROSS REFERENCES

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### **Psalms 144:1**

**Parallel theme:** Psalms 18:34; 60:12; 71:3; 2 Samuel 22:35; 2 Corinthians 10:4. **References Lord:** Psalms 18:2; 18:31; 95:1; Isaiah 26:4; 45:24

**Psalms 144:2** **Faith:** Psalms 18:2; 91:2. **Parallel theme:** Psalms 18:47; 59:9; 84:9; 110:3; Jeremiah 16:19

**Psalms 144:3** **Parallel theme:** Psalms 8:4; Job 7:17; 15:14; Hebrews 2:6

**Psalms 144:4** **Parallel theme:** Psalms 102:11; 109:23; 2 Samuel 14:14; Job 8:9; Ecclesiastes 12:8

**Psalms 144:5** **Parallel theme:** Psalms 18:9; 104:32. **References Lord:** Exodus 19:18

**Psalms 144:6** **Parallel theme:** Psalms 21:12; 45:5; Deuteronomy 32:23; 32:42

**Psalms 144:7** **Parallel theme:** Psalms 18:16; 18:44; 54:3; 2 Samuel 22:17; Revelation 17:15

**Psalms 144:8** **Parallel theme:** Psalms 12:2; 41:6; 62:4; Isaiah 44:20

**Psalms 144:9** **Resurrection:** Psalms 40:3; 149:1. **Sin:** Psalms 98:1

**Psalms 144:10** **Kingdom:** Psalms 18:50. **Salvation:** Psalms 140:7

**Psalms 144:11** **Parallel theme:** Psalms 12:2; Isaiah 44:20

**Psalms 144:12** **Parallel theme:** Psalms 128:3; Job 42:15; Lamentations 4:2

### **Psalms 144:13**

**Parallel theme:** Leviticus 26:5; 26:10; Deuteronomy 8:3; 28:4; 28:8; Malachi 3:10

**Psalms 144:14** **Parallel theme:** Deuteronomy 28:7

**Psalms 144:15** **References God:** Psalms 33:12; 146:5; Ephesians 1:3. **References Lord:** Deuteronomy 33:29. **Parallel theme:** Psalms 65:4

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