

Psalms 121

Chapter 121 of 150 · 8 Verses · Authorized King James Version

My Help Comes from the Lord

- ¹ I will lift up mine eyes unto the hills, from whence cometh my help.
- ² My help cometh from the LORD, which made heaven and earth.
- ³ He will not suffer thy foot to be moved: he that keepeth thee will not slumber.
- ⁴ Behold, he that keepeth Israel shall neither slumber nor sleep.
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- ⁵ The LORD is thy keeper: the LORD is thy shade upon thy right hand.
- ⁶ The sun shall not smite thee by day, nor the moon by night.
- ⁷ The LORD shall preserve thee from all evil: he shall preserve thy soul.
- ⁸ The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.
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HEBREW & GREEK WORD STUDIES

Heaven — שָׁמַיִם (Shamayim)

Heaven, sky

The Hebrew **shamayim** (שָׁמַיִם) means heaven or sky—God's dwelling place and the realm above earth. 'The heaven, even the heavens, are the LORD's' (Psalm 115:16), yet 'the heaven of heavens cannot contain Him' (1 Kings 8:27).

Lord — יְהוָה / אֲדֹנָי (YHWH / Adonai)

The LORD / Lord

When 'LORD' appears in small capitals, it represents the Tetragrammaton **YHWH** (יְהוָה), God's personal covenant name meaning 'I AM.' When 'Lord' appears normally, it's **Adonai** (אֲדֹנָי), meaning 'my Lord,' emphasizing sovereignty.

CROSS REFERENCES

Psalms 121:1 **Parallel theme:** Psalms 2:6; 78:68; 87:1; 120:1; 123:1; Isaiah 2:3; Jeremiah 3:23

Psalms 121:2 **References Lord:** Isaiah 41:13; Jeremiah 20:11; Hebrews 13:6. **Creation:** Psalms 115:15; 124:8. **Parallel theme:** Psalms 46:1; Hosea 13:9

Psalms 121:3 **Parallel theme:** Psalms 41:2; 66:9; 91:12; 127:1; 1 Samuel 2:9; Proverbs 2:8; 3:23; 3:26; Isaiah 27:3; 1 Peter 1:5

Psalms 121:4 **Parallel theme:** Psalms 127:1; Ecclesiastes 8:16; Isaiah 27:3

Psalms 121:5 **Parallel theme:** Psalms 91:1; 109:31; Isaiah 25:4; 32:2; Matthew 23:37. **References Lord:** Psalms 16:8; Exodus 13:21

Psalms 121:6 **Parallel theme:** Isaiah 49:10; Jonah 4:8; Revelation 7:16

Psalms 121:7 **Evil:** Psalms 97:10; 145:20; Proverbs 12:21; Matthew 6:13; 2 Timothy 4:18. **References Lord:** Psalms 34:22; 41:2. **Parallel theme:** Romans 8:28

Psalms 121:8 **Parallel theme:** Deuteronomy 28:6; Ezra 8:21; 8:31; Proverbs 2:8; 3:6. **References Lord:** Psalms 113:2; 115:18; 2 Samuel 5:2

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