

# Psalms 107:6

Authorized King James Version (KJV)

Then they cried unto the LORD in their trouble, and he delivered them out of their distresses.

## Analysis

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This verse describes the cry for help and God's response. 'Then they cried unto the LORD in their trouble' shows extremity drives prayer. 'Cried' (tsaaq, קָרָע) means to cry out, call for help, shout in distress—desperate, loud prayer. 'In their trouble' (tsar, צָר) means in distress, anguish, or tight place. Trouble compresses us into crying out. 'And he delivered them out of their distresses' uses natsal (נָצַל), meaning to snatch away, rescue, deliver. God's response is immediate and effective—He rescues from the very distresses that caused the cry. This pattern (distress → cry → deliverance) appears throughout Scripture, teaching that God responds to desperate prayer.

## Historical Context

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This pattern appears throughout Israel's history: Egypt (Exodus 2:23-25), wilderness wandering, Judges cycle, exile. Each time, God heard their cry and delivered. The psalm establishes this as a pattern of God's character—He responds to the cry of the desperate. For the church, this assures us that in distress, crying to God brings deliverance (though the form and timing may differ from expectations).

## Related Passages

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**Genesis 1:1** — Creation of heavens and earth

## Psalms 19:1 — Heavens declare God's glory

### Study Questions

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1. Why does God often allow distress before bringing deliverance?
2. How does desperate crying to God differ from casual or comfortable prayer?
3. In what ways has God delivered you out of distresses when you cried to Him?

### Interlinear Text

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וַיִּצְעֻקוּ	אֵל	! הָיָה	בְּצָרָה	לָהֶם
Then they cried	H413	unto the LORD	in their trouble	H1992
H6817		H3068	H6862	
מִמְצֻקֹּתֵיהֶם	וַיִּצִלֵם:			
them out of their distresses	and he delivered			
H4691	H5337			

### Additional Cross-References

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**Psalms 50:15** (Parallel theme): And call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me.

**Psalms 91:15** (Parallel theme): He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him.

**Psalms 107:28** (References Lord): Then they cry unto the LORD in their trouble, and he bringeth them out of their distresses.

**Psalms 107:13** (References Lord): Then they cried unto the LORD in their trouble, and he saved them out of their distresses.

**Psalms 107:19** (References Lord): Then they cry unto the LORD in their trouble, and he saveth them out of their distresses.

**Hosea 5:15** (Parallel theme): I will go and return to my place, till they acknowledge their offence, and seek my face: in their affliction they will seek me early.

**2 Timothy 3:11** (References Lord): Persecutions, afflictions, which came unto me at Antioch, at Iconium, at Lystra; what persecutions I endured: but out of them all the Lord delivered me.

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