

# Psalms 107:28

Authorized King James Version (KJV)

Then they cry unto the LORD in their trouble, and he bringeth them out of their distresses.

## Analysis

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This verse repeats the pattern (cf. vv. 6, 13, 19). 'Then they cry unto the LORD in their trouble' shows that when mariners reach wits' end, they turn to God. Extremity drives prayer. 'And he bringeth them out of their distresses' uses *yatsa* (יָצָא), to bring out or deliver—exodus language. God rescues from the very distresses that drove them to cry out. The pattern's fourth repetition emphasizes its universality: whether lost in wilderness, imprisoned in darkness, sick unto death, or drowning in storm—crying to God brings deliverance. This is bedrock truth: God responds to those who call on Him in trouble.

## Historical Context

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Throughout Scripture, desperate sailors cry to God and are saved: Jonah's sailors (Jonah 1:14-16), disciples in the storm (Matthew 8:25; Mark 4:38; Luke 8:24), Paul's shipwreck (Acts 27:23-25). Each time, prayer brought divine intervention. The pattern teaches every generation that God is sovereign over natural forces and faithful to deliver those who cry to Him. This assurance grounds confidence in God's providence through life's storms.

## Related Passages

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**1 John 4:8** — God is love

**John 15:13** — Greatest form of love

**Matthew 25:31** — Final judgment

**Revelation 20:12** — Judgment according to deeds

## Study Questions

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1. What does the repeated pattern across diverse distresses teach about God's character?
2. How should knowing God responds to desperate prayer affect our response to crises?
3. Why is crying to God in trouble the most rational response, not the last resort?

## Interlinear Text

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וַיִּצְעֲקוּ	אֵל	! הָיָה	בְּצָרָה	לָהֶם	וּמִמְצוֹקֵיהֶם
Then they cry	H413	unto the LORD	in their trouble	H1992	of their distresses
H6817		H3068	H6862		H4691
וַיֹּצִיאֵם:					
and he bringeth them out					
H3318					

## Additional Cross-References

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**Matthew 8:25** (References Lord): And his disciples came to him, and awoke him, saying, Lord, save us: we perish.

**Psalms 107:19** (References Lord): Then they cry unto the LORD in their trouble, and he saveth them out of their distresses.

**Psalms 107:13** (References Lord): Then they cried unto the LORD in their trouble, and he saved them out of their distresses.

**Psalms 107:6** (References Lord): Then they cried unto the LORD in their trouble, and he delivered them out of their distresses.

**Jonah 1:14** (References Lord): Wherefore they cried unto the LORD, and said, We beseech thee, O LORD, we beseech thee, let us not perish for this man's life, and lay not upon us innocent blood: for thou, O LORD, hast done as it pleased thee.

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