

Psalms 103

Chapter 103 of 150 · 22 Verses · Authorized King James Version

Bless the Lord, O My Soul

- ¹ Bless the LORD, O my soul: and all that is within me, bless his holy name.
 - ² Bless the LORD, O my soul, and forget not all his benefits:
 - ³ Who forgiveth all thine iniquities; who healeth all thy diseases;
 - ⁴ Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;
 - ⁵ Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.
-
- ⁶ The LORD executeth righteousness and judgment for all that are oppressed.
 - ⁷ He made known his ways unto Moses, his acts unto the children of Israel.
 - ⁸ The LORD is merciful and gracious, slow to anger, and plenteous in mercy.
 - ⁹ He will not always chide: neither will he keep his anger for ever.
 - ¹⁰ He hath not dealt with us after our sins; nor rewarded us according to our iniquities.
 - ¹¹ For as the heaven is high above the earth, so great is his mercy toward them that fear him.
 - ¹² As far as the east is from the west, so far hath he removed our transgressions from us.

-
- 13 Like as a father pitieth his children, so the LORD pitieth them that fear him.
- 14 For he knoweth our frame; he remembereth that we are dust.
- 15 As for man, his days are as grass: as a flower of the field, so he flourisheth.
- 16 For the wind passeth over it, and it is gone; and the place thereof shall know it no more.
- 17 But the mercy of the LORD is from everlasting to everlasting upon them that fear him, and his righteousness unto children's children;
- 18 To such as keep his covenant, and to those that remember his commandments to do them.
-
- 19 The LORD hath prepared his throne in the heavens; and his kingdom ruleth over all.
- 20 Bless the LORD, ye his angels, that excel in strength, that do his commandments, hearkening unto the voice of his word.
- 21 Bless ye the LORD, all ye his hosts; ye ministers of his, that do his pleasure.
- 22 Bless the LORD, all his works in all places of his dominion: bless the LORD, O my soul.
-

HEBREW & GREEK WORD STUDIES

Covenant — בְּרִית (Berit)

Covenant, treaty

The Hebrew **berit** (בְּרִית) denotes a covenant—a binding agreement, often ratified by blood sacrifice. God's covenants (Abrahamic, Mosaic, Davidic) structure redemptive history, culminating in the New Covenant.

Forgive — נָשָׁח / נָסָח (Salach / Nasa)

To forgive, pardon, lift up

The Hebrew **salach** (נָסָח) is used exclusively of God's forgiveness—divine pardon that only He can grant. **Nasa** (נָשָׁח) means to lift up or carry away, picturing sin being removed.

Heaven — שָׁמַיִם (Shamayim)

Heaven, sky

The Hebrew **shamayim** (שָׁמַיִם) means heaven or sky—God's dwelling place and the realm above earth. 'The heaven, even the heavens, are the LORD's' (Psalm 115:16), yet 'the heaven of heavens cannot contain Him' (1 Kings 8:27).

Holy — קָדוֹשׁ (Qadosh)

Holy, set apart

The Hebrew **qadosh** (קָדוֹשׁ) means holy or set apart—separated from common use for God's purposes. God is 'the Holy One of Israel,' utterly distinct from creation in moral perfection.

Kingdom — מַלְכוּת (Malkhut)

Kingdom, reign, royal power

The Hebrew **malkhut** (מַלְכוּת) denotes kingdom or royal rule—the realm and reign of a king. God's kingdom represents His sovereign rule over all creation.

Lord — יְהוָה / אֲדֹנָי (YHWH / Adonai)

The LORD / Lord

When 'LORD' appears in small capitals, it represents the Tetragrammaton **YHWH** (יְהוָה), God's personal covenant name meaning 'I AM.' When 'Lord' appears normally, it's **Adonai** (אֲדֹנָי), meaning 'my Lord,' emphasizing sovereignty.

Mercy — רַחֲמִים (Rachamim)

Compassion, mercy

The Hebrew **rachamim** (רַחֲמִים) derives from 'womb' (rechem), suggesting tender, maternal compassion. God's mercies are 'new every morning' (Lamentations 3:23), showing His compassionate nature.

Redeem — גָּאַל (Gaal)

To redeem, act as kinsman-redeemer

The Hebrew **gaal** (גָּאַל) means to redeem or act as kinsman-redeemer (go'el)—buying back family property or relatives. It foreshadows Christ redeeming His people through His blood.

Righteous — צַדִּיק (Tzaddik)

Righteous one

The Hebrew **tzaddik** (צַדִּיק) describes one who is righteous, just, or lawful—conforming to God's standard. From the root tzedek (צֶדֶק), meaning righteousness or justice.

Sin — חַטָּאת (Chatta'ah)

Sin, missing the mark

The Hebrew **chatta'ah** (חַטָּאת) means sin—missing the mark of God's standard. It encompasses rebellion, transgression, and falling short of divine holiness.

Transgression — פְּשָׁע (Pesha)

Transgression, rebellion

The Hebrew **pesha** (פְּשָׁע) means transgression or rebellion—willful violation of God's law. It implies deliberate revolt against divine authority: 'he was wounded for our transgressions' (Isaiah 53:5).

Word — דָּבָר (Davar)

Word, thing, matter

The Hebrew **davar** (דָּבָר) means word, thing, or matter—God's creative and authoritative speech. 'By the word of the LORD were the heavens made' (Psalm 33:6).

CROSS REFERENCES

Psalms 103:1

References Lord: Psalms 111:1; Colossians 3:16. **Parallel theme:** Psalms 47:7; 63:5; 138:1; John 4:24; 1 Corinthians 14:15; Philippians 1:9. **Holy:** Psalms 99:3; Isaiah 6:3

Psalms 103:2 **References Lord:** Psalms 116:12; Deuteronomy 6:12; 32:6; Isaiah 63:7. **Parallel theme:** Psalms 105:5; 106:7; 106:21; Deuteronomy 32:18; 2 Chronicles 32:25; Isaiah 63:1

Psalms 103:3 **Parallel theme:** Psalms 30:2; 130:8; 147:3; Exodus 15:26; Numbers 12:13; Isaiah 43:25; 53:5; Jeremiah 17:14; Mark 2:5; James 5:15

Psalms 103:4 **Redemption:** Psalms 34:22; 71:23; Revelation 5:9. **Parallel theme:** Psalms 5:12; 8:5; 21:3; 56:13; 103:12; James 1:12; 1 Peter 5:4

Psalms 103:5 **Parallel theme:** Psalms 23:5; 63:5; Isaiah 40:31; Hosea 2:15; 2 Corinthians 4:16; 1 Timothy 6:17. **Good:** Psalms 65:4; 104:28; 107:9

Psalms 103:6 **References Lord:** Psalms 9:9; 12:5. **Parallel theme:** Psalms 72:12; 109:31; Proverbs 14:31; Ezekiel 22:7. **Judgment:** Psalms 72:4; 146:7; James 2:6

Psalms 103:7

Parallel theme: Psalms 78:11; 99:7; Exodus 33:13. **References Israel:** Psalms 78:5; 147:19. **Creation:** Nehemiah 9:14. **References Moses:** Psalms 77:20; Exodus 19:8; 19:20; Deuteronomy 34:10

Psalms 103:8

Grace: Psalms 86:5; 86:15; 130:7; 145:8; Numbers 14:18; Isaiah 55:7; Joel 2:13; Jonah 4:2; James 5:11. **References Lord:** Nahum 1:3

Psalms 103:9 **Parallel theme:** Psalms 30:5; Isaiah 57:16; Jeremiah 3:5; 3:12

Psalms 103:10

Parallel theme: Psalms 130:3; Ezra 9:13; Nehemiah 9:31; Lamentations 3:22; Habakkuk 3:2. **Sin:** Job 11:6

Psalms 103:11 **Grace:** Psalms 36:5; 57:10; 89:2; 103:17; Luke 1:50. **Parallel theme:** Job 22:12; Proverbs 25:3; Isaiah 55:9

Psalms 103:12 **Sin:** 2 Samuel 12:13; Isaiah 38:17; 43:25; Jeremiah 31:34; Micah 7:18; Hebrews 10:2; 1 John 1:7

Psalms 103:13 **References Lord:** Psalms 103:17; 147:11; Proverbs 3:12; Jeremiah 31:20. **Parallel theme:** Psalms 103:11; Jeremiah 31:9; Malachi 4:2; Matthew 6:9; 6:32; Acts 13:26

Psalms 103:14 **Parallel theme:** Psalms 89:47; Genesis 3:19; Job 7:21; 10:9; 13:25; Ecclesiastes 12:7; Isaiah 29:16

Psalms 103:15 **Parallel theme:** Isaiah 28:1; 28:4; 51:12; Nahum 1:4; 1 Peter 1:24

Psalms 103:16 **Parallel theme:** Job 14:10; 20:9; Isaiah 40:7

Psalms 103:17 **Grace:** Psalms 100:5; 118:1; Exodus 20:6; 2 Timothy 1:9. **Righteousness:** Isaiah 51:6; Romans 1:17; 2 Peter 1:1. **Eternal Life:** Jeremiah 31:3. **Parallel theme:** Psalms 90:16; Romans 15:8

Psalms 103:18

Covenant: Psalms 25:10; 132:12; Exodus 19:5; 24:8; Deuteronomy 4:23; 7:9. **Word:** Proverbs 3:1; Luke 1:6. **Parallel theme:** Matthew 28:20; Acts 24:16

Psalms 103:19 **Kingdom:** Psalms 47:2; Daniel 4:17; 4:25. **Parallel theme:** Psalms 115:3; Hebrews 8:1; 1 Peter 3:22. **References Lord:** Psalms 2:4; 9:7; 11:4; Isaiah 66:1

Psalms 103:20 **Parallel theme:** Psalms 78:25; 148:2; Isaiah 6:2; Matthew 6:10; 26:53; Luke 1:19; Hebrews 1:14. **References Lord:** Psalms 29:1; 2 Kings 19:35. **Word:** Joel 2:11

Psalms 103:21 **References Lord:** Joshua 5:14; 1 Kings 22:19; Nehemiah 9:6. **Parallel theme:** Psalms 104:4; Genesis 32:2; Luke 2:13; Hebrews 1:14

Psalms 103:22 **Blessing:** Psalms 103:1; 104:1; 104:35; 145:10. **References Lord:** Psalms 146:1; 150:6; Isaiah 44:23; 49:13. **Parallel theme:** Isaiah 43:20