

# Psalm 102:10

Authorized King James Version (KJV)

Because of thine indignation and thy wrath: for thou hast lifted me up, and cast me down.

## Analysis

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The psalmist attributes his suffering to God's 'wrath' (za'am) and 'indignation' (qetseph), recognizing divine sovereignty over affliction. The imagery of being 'lifted up' only to be 'cast down' suggests that previous blessings now intensify the pain of loss. This honest acknowledgment of God's hand in suffering reflects mature faith that doesn't blame circumstances or others but recognizes God's purposes. Christ bore God's full wrath against sin (Rom 3:25), exhausting divine indignation so believers experience only fatherly discipline, never condemnation.

## Historical Context

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Hebrew theology consistently attributed all events, including suffering, to God's sovereign will. Unlike pagan religions that blamed lesser deities or fate, Israel understood that the one true God controlled all circumstances for His purposes.

## Related Passages

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**Romans 1:17** — The righteous shall live by faith

**Hebrews 11:1** — Definition of faith

## Study Questions

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1. How does acknowledging God's sovereignty in your suffering differ from blaming Him?
2. What comfort does Christ's bearing of God's wrath provide when you face trials?

## Interlinear Text

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מִפְתַּח תְּעִמָּךְ בְּקַאֲפָת נִשְׁאָתָּת נִ  
Because of thine indignation and thy wrath for thou hast lifted me up

H6440 H2195 H7110 H3588 H5375

וְתַשְׁלִיכָנִי:  
and cast me down

H7993

## Additional Cross-References

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**Psalms 38:3** (Parallel theme): There is no soundness in my flesh because of thine anger; neither is there any rest in my bones because of my sin.

**Psalms 147:6** (Parallel theme): The LORD lifteth up the meek: he casteth the wicked down to the ground.