

# Mark 6:31

Authorized King James Version (KJV)

And he said unto them, Come ye yourselves apart into a desert place, and rest a while: for there were many coming and going, and they had no leisure so much as to eat.

## Analysis

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He said unto them Come ye apart into desert place rest awhile many coming going no leisure eat. Come deute imperative invitation. Ye apart humeis idioms privately withdrawn. Desert place erēmon topon isolated location. Rest anapausasthe refresh recuperate. Awhile oligon brief period. Many polloi crowd. Coming going not even opportunity eat. Jesus values rest recognizes human limitations. Ministers need rhythm work rest. Constant ministry without rest leads burnout. Sabbath principle rest one-in-seven pattern. Reformed theology affirms God created humans need rest not machines. Jesus practiced withdrew for prayer solitude despite demands.

## Historical Context

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Apostles returned excited reporting ministry. But Jesus wisdom directs them to rest first. Ministry effectiveness requires physical spiritual emotional health. Burnout epidemic in ministry driven culture. Jesus example withdraw pray rest must be followed. Desert place allowed privacy crowds constantly pressing. Modern ministers often neglect rest family health ministry demands. This unsustainable unbiblical. Sabbath keeping (principle not legalism) essential for long-term faithful ministry. Early church leaders faced same pressures Acts 6 required delegation to prioritize prayer Word ministry.

## Related Passages

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**John 15:13** — Greatest form of love

**1 Corinthians 13:4** — Characteristics of love

## Study Questions

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1. What does Jesus command to rest teach about human limitations and sustainable ministry patterns?
2. How should modern ministers balance ministry demands with Christ example of intentional rest withdrawal?

## Interlinear Text

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καὶ	εἶπεν	αὐτοὶ	Δεῦτε	ῦμεῖς	αὐτοὶ	κατ'	ἰδίαν	εἰς
And	he said	unto them	Come	ye	unto them	apart	G2398	into
G2532	G2036	G846	G1205	G5210	G846	G2596		G1519
ἔρημον	τόπον	καὶ	ἀναπαύεσθε	ὁλίγον	ἥσαν	γὰρ	οἱ	
a desert	place	And	rest	a while	there were	for	G3588	
G2048	G5117	G2532	G373	G3641	G2258	G1063		
ἐρχόμενοι	καὶ	οἱ	ὑπάγοντες	πολλοί	καὶ	ούδὲ		
coming	And	G3588	going	many	And	so much as		
G2064	G2532		G5217	G4183	G2532	G3761		
φαγεῖν	ηὐκαίρουν							
to eat	leisure							
G5315	G2119							

## Additional Cross-References

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**Mark 3:20** (Parallel theme): And the multitude cometh together again, so that they could not so much as eat bread.

**Mark 1:45** (Parallel theme): But he went out, and began to publish it much, and to blaze abroad the matter, insomuch that Jesus could no more openly enter into the city, but was without in desert places: and they came to him from every quarter.

**Mark 3:7** (Parallel theme): But Jesus withdrew himself with his disciples to the sea: and a great multitude from Galilee followed him, and from Judaea,

**John 6:1** (Parallel theme): After these things Jesus went over the sea of Galilee, which is the sea of Tiberias.

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