

# Hebrews 4:3

Authorized King James Version (KJV)

For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world.

## Analysis

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'We which have believed do enter into rest' indicates rest is both present possession and future consummation. The quote from Psalm 95:11 shows God's rest existed before Israel's failure, stemming from creation itself (verse 4). Unbelief excludes from rest, while faith grants entrance into experiential peace with God even now.

## Historical Context

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The works being finished 'from the foundation of the world' points to God's eternal plan and completed creation rest. Christ later announced 'It is finished' (John 19:30), completing redemption.

## Related Passages

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**Romans 1:17** — The righteous shall live by faith

**Hebrews 11:1** — Definition of faith

**Colossians 1:16** — All things created through Christ

**Psalm 19:1** — Heavens declare God's glory

## Study Questions

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1. Are you experiencing the soul rest that comes from ceasing your own efforts and trusting Christ?
2. How does entering God's rest affect your anxiety and striving?

## Interlinear Text

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εἰσελεύσονται γὰρ εἰς τῶν κατάπαυσίν τῶν  
do enter For into we which rest we which  
G1525 G1063 G1519 G3588 G2663 G3588

πιστεύσαντες καθὼς εἶρηκεν Ὡς ὡμοσα ἐν τῶν  
have believed as he said As I have sworn in we which  
G4100 G2531 G2046 G5613 G3660 G1722 G3588

ὀργῇ μου Εἰ εἰσελεύσονται εἰς τῶν κατάπαυσίν μου  
wrath my if do enter into we which rest my  
G3709 G3450 G1487 G1525 G1519 G3588 G2663 G3450

καίτοι τῶν ἔργων ἀπὸ καταβολῆς κόσμου  
although we which the works from the foundation of the world  
G2543 G3588 G2041 G575 G2602 G2889

γενηθέντων  
were finished  
G1096

## Additional Cross-References

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**Psalms 95:11** (Judgment): Unto whom I sware in my wrath that they should not enter into my rest.

**1 Peter 1:20** (Parallel theme): Who verily was foreordained before the foundation of the world, but was manifest in these last times for you,

**Genesis 1:31** (Parallel theme): And God saw every thing that he had made, and, behold, it was very good. And the evening and the morning were the sixth day.

**Hebrews 9:26** (Parallel theme): For then must he often have suffered since the foundation of the world: but now once in the end of the world hath he appeared to put away sin by the sacrifice of himself.

**Ephesians 1:4** (Parallel theme): According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:

**Hebrews 3:11** (Judgment): So I sware in my wrath, They shall not enter into my rest.)

**Isaiah 28:12** (Parallel theme): To whom he said, This is the rest wherewith ye may cause the weary to rest; and this is the refreshing: yet they would not hear.

**Exodus 20:11** (Parallel theme): For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

**Matthew 13:35** (Parallel theme): That it might be fulfilled which was spoken by the prophet, saying, I will open my mouth in parables; I will utter things which have been kept secret from the foundation of the world.

**Hebrews 3:14** (Parallel theme): For we are made partakers of Christ, if we hold the beginning of our confidence stedfast unto the end;