

# Exodus 16:22

Authorized King James Version (KJV)

And it came to pass, that on the sixth day they gathered twice as much bread, two omers for one man: and all the rulers of the congregation came and told Moses.

## Analysis

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**And it came to pass, that on the sixth day they gathered twice as much bread, two omers for one man**—The double portion (לחם משנה, lechem mishneh) miraculously appears on the sixth day without command to gather more—God provides the doubled amount. This introduces Sabbath rest before the formal giving of the law at Sinai. The 'rulers of the congregation' reporting to Moses shows emerging leadership structure. The twice-as-much provision tests whether Israel trusts God's arithmetic: that His provision for one day suffices for two. This prefigures Christ's finished work—believers rest on the seventh day because redemption is complete, secured by Christ's sixth-day cross accomplishment.

## Historical Context

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This marks the first appearance of Sabbath observance in narrative, predating the formal commandment at Sinai. The double portion established weekly rhythm of work and rest.

## Related Passages

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**1 John 4:8** — God is love

**John 15:13** — Greatest form of love

## Study Questions

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1. How does the sixth-day double portion picture trusting Christ's finished work for your eternal rest?
2. What does receiving rather than striving for the double portion teach about Sabbath's nature?

## Interlinear Text

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בַּיּ	וּמְ	יָמִ	הַשְׁשָׁ	לְכָלְ	לְכָלְ
H1961	day	And it came to pass that on the sixth	they gathered	as much bread	
H3117		H8345	H3950	H3899	
נְשִׁיאָ	כָּלְ	יְבָ	אוֹ	כָּלְ	נְשִׁיאָ
twice	two	omers	for one	came	man and all the rulers
H4932	H8147	H6016	H259	H3605	H5387
בְּעֵד הָ	לְמַשְׁהָ:	וְיַדְ			
of the congregation	and told	Moses			
H5712	H5046	H4872			

## Additional Cross-References

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**Exodus 16:5** (Parallel theme): And it shall come to pass, that on the sixth day they shall prepare that which they bring in; and it shall be twice as much as they gather daily.