

The Helmet of Salvation

The Defensive Armor · The Armor of God

The helmet protected the soldier's head—the command center. Salvation guards the believer's mind, providing assurance against doubt and hope against despair. This helmet involves confidence in present salvation (deliverance from sin's penalty and power) and hope of future salvation (complete deliverance at Christ's return). Satan attacks the mind with doubts, discouragement, and despair; the helmet of salvation protects by securing the believer's identity in Christ and hope of glory.

Key Verses

Ephesians 6:17a

And take the helmet of salvation.

1 Thessalonians 5:8

But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for an helmet, the hope of salvation.

Romans 8:24

For we are saved by hope: but hope that is seen is not hope: for what a man seeth, why doth he yet hope for?

Isaiah 59:17

For he put on righteousness as a breastplate, and an helmet of salvation upon his head.

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